

3D PSHE Coverage Matrix

Key Stage 4

Year 11

Core 1 Unit 1 Substance Abuse and Addiction	Lesson 1	Habit / Addiction	<ul style="list-style-type: none"> • To understand the terms 'habit', 'dependence' and 'addiction' in relation to substance use • To know where and how to access support if you have concerns
	Lesson 2	Substance Use and Misuse	<ul style="list-style-type: none"> • To know the short and long-term consequences of substance use and misuse for the health and mental and emotional wellbeing of individuals, families and communities, including the health risks related to second-hand smoke
	Lesson 3	Consequences	<ul style="list-style-type: none"> • To know the wider risks and consequences of legal and illegal substance use, including your personal safety, future career, relationships and future lifestyle
Core 1 Unit 2 Body Image	Lesson 1	Media Influences	<ul style="list-style-type: none"> • To understand how the media portray body image • To recognize and manage feelings about, and influences on, their body image including the media's portrayal of idealised and artificial body shapes
	Lesson 2	Cosmetic Procedures	<ul style="list-style-type: none"> • To assess and manage risks associated with cosmetic and aesthetic procedures, including tattooing, piercings, the use of sun lamps and tanning salons
Core 1 Unit 3 Personal Health	Lesson 1	Cancer	<ul style="list-style-type: none"> • To know how to check yourself for cancer (including testicular and breast self-examination) and other illnesses
	Lesson 2	STIs, HIV and AIDS	<ul style="list-style-type: none"> • To know about STIs, including HIV / AIDS, how to protect themselves and others from infection and how to respond if they feel they or others are at risk



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Core 1 Unit 3 Personal Health cont.	Lesson 3	Lifestyle Choices	<ul style="list-style-type: none"> To know how lifestyle choices affect a developing foetus
	Lesson 4	Medical Donations	<ul style="list-style-type: none"> To know about the science relating to blood, organ and stem cell donation
Core 2 Unit 1 Respect and Consent	Lesson 1	Controlling Relationships	<ul style="list-style-type: none"> To develop an awareness of exploitation, bullying, harassment and control in relationships (including the unique challenges posed by online abuse and the unacceptability of physical, emotional, sexual abuse in all types of teenage relationships, including in group settings such as gangs) and the skills and strategies to respond appropriately or access support
	Lesson 2	Consent	<ul style="list-style-type: none"> To understand the concept of consent in relevant, age-appropriate contexts building on Key Stage 3
	Lesson 3	“No” Means “No”	<ul style="list-style-type: none"> To know how to seek consent and to respect others’ right to give, not give or withdraw consent to engage in different degrees of sexual activity To recognise when others are using manipulation, persuasion or coercion and how to respond
	Lesson 4	Faith and Culture	<ul style="list-style-type: none"> To understand and respect others’ faith and cultural expectations concerning relationships and sexual activity
	Lesson 5	Making Decisions	<ul style="list-style-type: none"> To recognise the impact of drugs and alcohol on choices and sexual behaviour



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Core 2 Unit 2 Planned / Unplanned Pregnancy	Lesson 1	Abortion	<ul style="list-style-type: none"> To know about abortion, including the current legal position and the range of beliefs and opinions about it
	Lesson 2	Infertility	<ul style="list-style-type: none"> To know that fertility levels can vary in different people; can be damaged by some sexually transmitted infections, decreases with age To know about the options open to people who are not able to conceive
Core 2 Unit 3 Being a Parent	Lesson 1	Parenting Skills	<ul style="list-style-type: none"> To recognise parenting skills and qualities and their central importance to family life (including the implications of young parenthood; to be able to make informed choices about parenting including issues around breastfeeding)
	Lesson 2	Adoption and Fostering	<ul style="list-style-type: none"> To understand the reasons why parents choose to adopt/foster or to place children for adoption / fostering
Core 3 Unit 1 In the Workplace	Lesson 1	Employment Patterns	<ul style="list-style-type: none"> To know about changing patterns of employment (local, national, European and global); about different types of business, how they are organised and financed
	Lesson 2	Work Experience	<ul style="list-style-type: none"> To research, secure and take full advantage of any opportunities for work experience that are available
	Lesson 3	Rights and Responsibilities	<ul style="list-style-type: none"> To know about rights and responsibilities at work (including their roles as workers, and the roles and responsibilities of employers and unions)

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Core 3 Unit 1 In the Workplace cont.	Lesson 4	Work Ethics	<ul style="list-style-type: none"> To recognise attitudes and values in relation to work and enterprise (including terms such as 'customer service' and 'protecting corporate or brand image')
Core 3 Unit 1 In the Workplace cont.	Lesson 5	Confidentiality	<ul style="list-style-type: none"> To know about confidentiality in the workplace, when it should be kept and when it might need to be broken
Core 3 Unit 2 Financial Capability	Lesson 1	Making Decisions	<ul style="list-style-type: none"> To recognise and manage the influences on their financial decisions, (including managing risk, planning for expenditure, understanding debt and gambling in all its forms)
Core 3 Unit 2 Financial Capability	Lesson 2	Looking After Money	<ul style="list-style-type: none"> To know how to access appropriate support for financial decision-making and for concerns over money, gambling etc.
Core 3 Unit 2 Financial Capability	Lesson 3	Critical Consumers	<ul style="list-style-type: none"> To enable them to become critical consumers of goods and services (including financial services) and recognise the wider impact of their purchasing choices
Core 3 Unit 2 Financial Capability	Lesson 4	Consumer Rights	<ul style="list-style-type: none"> To know their consumer rights and how to seek redress

Total 27 Lessons

